

Seeds of self-sufficiency

By VH HYDROPONICS

Cameron was raised to be self-sufficient. Growing up meant sharing time between the family's home in Wasilla and their cabin off the grid up the Susitna River. The family planted garden plots in both locations to maximize what they could grow, and there was plenty of work for the family of four to share.

Cameron's father taught him to make things work whether or not all the right tools or parts were available. His mother helped develop his love of nature and getting his hands in the dirt. His parents nurtured the ability to be self-reliant. They made a lean-to greenhouse from whatever could be found, and it served its purpose. The way Cameron views it, he probably would not be as connected to nature or appreciative of running water and electricity without these experiences.

This nature kid next

spent time at Fort Lewis College in Colorado, and he found biology and anthropology to be the most interesting. He was exposed to and influenced by ethnobotany, learning how people used local plants as food and medicine. This experience in Ute culture brought life and deep understanding that was previously unknown to him.

His education continued after college, spending time in Montreal, Boston and New York. While in New York with a friend, an AmeriCorps worker establishing a CSA (Community Supported Agriculture) in Brooklyn, he learned about food deserts. These are densely populated locations with no access to full-service grocery stores. The people living in Brooklyn were in a food desert, where purchased food came from small corner markets or gas stations. Fresh produce was lacking, and when it was available, it was expensive. Cameron

had a new appreciation for his bountiful upbringing.

An idea sprouts

Cameron returned to Fairbanks, where he worked at the UAF Agricultural and Forestry Experimental Station in field production and taught at the School of Natural Resources. His interest in hydroponics blossomed when a faculty professor began experimenting with LED grow lights. Could growing food in the dark and cold of Alaska be possible year-round? Yes, it is!

Vertical Harvest Hydroponics was born.

Taking root

VH Hydroponics believes an improved food system can be created by adding food production hydroponic farming to traditional soil and livestock farming, classrooms, urban backyards and rural Alaska. This efficient method of growing food uses 95% less water and zero pesticides, while allowing Alaskans



to secure Alaska's future, we must invest in it, which means we must invest in our children and our farmers. We can give Alaska's children the experience of growth and bounty as Cameron had, knowing that this

exposure will create our future Alaskan food innovators. Cameron has dedicated himself for the last seven years to building a team to create an essential legacy. VH Hydroponics wants to leave a legacy with us, to our future, by providing our Sunny Pro XL hydroponics systems to all pre-K and elementary schools in the state of Alaska. Join us in giving the gift of growing to grow Alaska's children, grow Alaska's farmers, and grow our future leaders.

The need to feed people in a better way is evident for Alaska's future. VH Hydroponics believes that



Sunny Pro XL
Cabinet system to grow food at school, daycare or home



Gift of Growing VH HYDROPONICS

Providing opportunities to feed people in a better way.

There is no better gift than giving our children tools to help secure their future.

- We sell hydroponics systems to grow food 365 days a year
- Hydroponics farming uses less water, less land, and no pesticides
- We grow farmers for food independence

Contact us to learn how to leave your legacy through the purchase of a Sunny Pro XL

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